

## I'm Stupid

Evidence that indicates that the thought is true

✓ I got a 75 on a reading test last week

✓ Sometimes homework is hard for me to do

Evidence that indicates that the thought is false

✓ I earned straight As last quarter on my report card

✓ I got the top score in class on a math test last week

✓ My average was a 95 for last year

✓ The teacher nominated me to represent the school in a spelling bee.

Verdict:

The thought is false

The thought is true